

## AUTHORIZATION OF ADMINISTRATION OF ORAL/TOPICAL MEDICATION

### TO BE COMPLETED BY PARENT/GUARDIAN

<b>Name of Student</b>			
<b>Birthdate</b>		<b>Grade</b>	
<b>Address</b>			
<b>Postal Code</b>		<b>Telephone</b>	
<b>Parent's/Guardian's Name</b>			
<b>Business Address</b>			
<b>Postal Code</b>		<b>Telephone</b>	
<b>PARENT/GUARDIAN APPROVAL</b>			
<p>I hereby request and give permission to {Name of School} _____ to administer Oral/topical medication to my child according to School Board procedures and the instructions of the Physician. I also affirm that the medication provided is the medication stated on the container provided to the school.</p>			
Signature of Parent/Guardian: _____		Date: _____	

### TO BE COMPLETED BY PHYSICIAN

<b>Condition of Patient for which Oral/Topical Medication is Necessary</b>	
<b>Name of Medication</b>	
<b>Dosage or Amount to be Given Each Time</b>	· As Indicated on Prescription Label
<b>What Time(s) Dosage to be Given</b>	· As Indicated on Prescription Label
<b>Method of Administration (with Food?)</b>	
<b>Possible Side Effects</b>	
<b>Storage and Safekeeping Requirements for Medication</b>	
<b>Prescribing Physician's Name</b> {Please Print}	
<b>Office Address and Telephone Number</b>	
Signature of Physician: _____ Date: _____	

**EMERGENCY ACTION PLAN FOR STUDENTS WITH ANAPHYLAXIS**

*For Use Where Applicable (e.g. in: Classroom, Lunchroom, Staff Room, Office, Out of School Programs)*

Name: _____	Place Student's Photo Here  (to be provided by parent)
Allergen(s): _____	
<b><u>ALLERGY DESCRIPTION</u></b>	
This child has a DANGEROUS, life threatening allergy to the following: _____ _____ _____	

**RESTRICTIONS**

List restrictions for this student, if any: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**POSSIBLE SYMPTOMS (order may vary)**

BODY SYSTEM	SYMPTOMS
SKIN	hives (red itchy welts or swelling on skin)
EYES	swollen, itchy, running, or bloodshot, or with mucous
NOSE	running, itchy, stuffy, sneezing
THROAT	sore, swollen
STOMACH/DIGESTIVE SYSTEM	vomiting, cramps, bloating, nausea, diarrhea
URINARY SYSTEM	Incontinence
RESPIRATORY SYSTEM	difficulty breathing, severe asthmatic reaction
CIRCULATORY SYSTEM	drop in blood pressure, unconsciousness
OTHER	disorientation, sense of foreboding, fear or apprehension, sense of doom

**EMERGENCY ACTION PLAN**

*School Administrators must fill out an O.S.B.I.E. incident form any time a student is taken by ambulance to a hospital as the result of an anaphylactic reaction.*

**NOTE:** Epinephrine auto-injector (e.g., EpiPen®) is/are kept: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

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**KNOW WHAT TO DO:** The first signs of reaction can be mild but symptoms can get much worse quickly.

- Use epinephrine auto-injector (e.g., EpiPen®) immediately.
- Call 911 and advise the dispatcher that a child is having an anaphylactic reaction.
- If ambulance has not arrived in 10-15 minutes and breathing difficulties are present, give a second epinephrine auto-injector (e.g., EpiPen®), if available.
- Even if symptoms subside entirely, this child must be taken by ambulance to the hospital.

Name of Doctor: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Doctor: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Signature of School Administrator: \_\_\_\_\_ Date: \_\_\_\_\_

Permission to Post (where applicable)  Yes  No

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ADMINISTRATIVE PROCEDURE

APPENDIX A (AP 3-24)  
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**EMERGENCY ACTION PLAN FOR STUDENTS WITH MEDICAL NEEDS**

*For Use Where Applicable (e.g. Classroom, Lunchroom, Out of School Programs)*

<p>Date: _____</p> <p>Student Name: _____</p> <p>Teacher Name: _____ Class: _____ Room #: _____</p> <p>Parent/Guardian Name: _____</p> <p>Telephone #: _____ Emergency #: _____</p> <p>Alternate Contact: _____</p> <p>Name of Doctor: _____</p>	<p>Place student's photo here</p> <p>(to be provided by parent/guardian)</p>
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**MEDICAL DIAGNOSIS**

This student has:  Asthma     Epilepsy     Diabetes

Other: \_\_\_\_\_

**RESTRICTIONS**

(List restrictions for this student, if any)

**POSSIBLE SYMPTOMS**

**MEDICATIONS**

(Note: If expiry date has passed, medication will not be used. An ambulance will be called).

Note: Medication is kept (where)

continued on next page →

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**APPENDIX A (AP 3-24)**  
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**EMERGENCY ACTION PLAN**

Note: Principals must fill out an O.S.B.I.E. Incident Form any time a student receives medical care.

**AUTHORIZATION**

Name of Doctor: \_\_\_\_\_ Signature of Doctor: \_\_\_\_\_

Date: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Name of Principal: \_\_\_\_\_ Signature of Principal: \_\_\_\_\_

Date: \_\_\_\_\_

Permission to Post (where applicable)  Yes  No

**COPY TO OSR**

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**ADMINISTRATIVE PROCEDURE**

**APPENDIX A (AP 3-31)**  
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**STUDENT ASTHMA MANAGEMENT PLAN**

(To be completed by parent/guardian)

STUDENT \_\_\_\_\_ AGE \_\_\_\_\_

TEACHER \_\_\_\_\_ GRADE \_\_\_\_\_

**EMERGENCY CONTACT (List in priority of contact)**

Name	Relationship	Daytime Phone	Alternate Phone
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

**KNOWN ASTHMA TRIGGERS**

- Colds/flu  Physical activity  Hot or cold weather  Strong smells  Pets  Pollen  Allergies (specify): \_\_\_\_\_  
 Anaphylaxis (specify allergy): \_\_\_\_\_  Other (specify): \_\_\_\_\_

**RELIEVER INHALER (FAST-ACTING, USUALLY BLUE)**



Use reliever inhaler \_\_\_\_\_ in the dose of \_\_\_\_\_ Spacer provided?  Yes  No  
(name of medicine) (number of puffs)

Reliever inhaler is used to:

- Relieve symptoms being experienced (see "MANAGING ASTHMA ATTACKS" below)  
 Other (please explain) \_\_\_\_\_  
 Student requires assistance to access and use reliever inhaler. Make sure it is readily accessible by teacher/supervisor.  
 Student will carry their inhaler at all times including outdoor activities and field trips.

We agree \_\_\_\_\_ is responsible for carrying his/her inhaler at all times (including recess, gym, outdoor and off-site activities).  
(insert student name)

Parent/guardian signature: \_\_\_\_\_ Student signature: \_\_\_\_\_ Date: \_\_\_\_\_

**MANAGING ASTHMA ATTACKS**

<b>MILD ASTHMA ATTACK</b>	
<p>If <b>ANY</b> of the following occur:</p> <ul style="list-style-type: none"> <li>• Continuous coughing</li> <li>• Trouble breathing</li> <li>• Chest tightness</li> <li>• Wheezing (whistling sound in chest)</li> </ul> <p>Student may also be restless, irritable and/or very tired.</p>	<p>Step 1: <b>Immediately</b> use fast-acting reliever inhaler (usually a blue inhaler).</p> <p>Step 2: Check symptoms. Only return to normal activity when all symptoms are gone.                      If symptoms get worse or do not improve within 10 minutes, this is an <b>emergency</b> – follow steps below.</p>
<b>ASTHMA EMERGENCY</b>	
<p>If <b>ANY</b> of the following occur:</p> <ul style="list-style-type: none"> <li>• Breathing is difficult and fast</li> <li>• Cannot speak in full sentences</li> <li>• Lips or nail beds are blue or gray</li> <li>• Skin on neck or chest sucked in with each breath</li> </ul> <p>Student may also be anxious, restless and/or very tired.</p>	<p>Step 1: <b>Immediately</b> use fast-acting reliever inhaler (usually a blue inhaler).  <b>CALL 911</b> for an ambulance. If possible, stay with person.</p> <p>Step 2: If symptoms continue, use reliever inhaler every 5-15 minutes until medical help arrives.</p>
<p><b>While waiting for medical help to arrive:</b></p> <ul style="list-style-type: none"> <li>✓ Have student sit up with arms resting on a table (do not have student lie down unless it is an anaphylactic reaction)</li> <li>✓ Stay calm, reassure the student and stay by his/her side</li> <li>✓ Notify parent/guardian or emergency contact</li> </ul>	



Lung Health Information Line: 1-888-344-5864  
 www.on.lung.ca



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**APPENDIX B (AP 3-31)**  
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Copied from AP 3-12 (Appendix B)

**AUTHORIZATION OF ADMINISTRATION OF ORAL/TOPICAL MEDICATION**

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**PARENT/GUARDIAN APPROVAL**

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<b>Prescribing Physician's Name {Please Print}</b>	
<b>Office Address and Telephone Number</b>	

Signature of Physician: \_\_\_\_\_ Date: \_\_\_\_\_

